

IRAILA

	Astelehena 10				Asteartea 11				Asteazkena 12				Osteguna 13				Ostirala 14	
	Pilates gela	Gela Nagusia	Fitness Gela	spinning gela	Pilates gela	Gela Nagusia	Fitness Gela	spinning gela	Pilates gela	Gela Nagusia	Igerilekua	spinning gela	Pilates gela	Gela Nagusia	Fitness Gela	spinning gela	Gela Nagusia	
08:30											Aquagy m 8:30							08:30
09:30					Pilates 9:30			Spining 9:30		Zunba 9:30	Aquagy m 9:30							09:30
10:30						multi fitness 13:00					ERORK 10:30							10:30
11:30																		11:30
15.00	multi fitness 13:00									multi fitness 13:00								15.00
17:30																		17:30
18-00	Armonik . 17:30				Pilates 17:30	Gazte zunba 17:30		Spining 17:30	Hipopilates 17:30									18-00
18.30		Atzegi 18:00									Atzegi 18:00							18.30
19.00	Pilates 18:30					Zunba 18:30		Spining 18:30	Pilates 18:30									19.00
19:30		B.Tono 19:00									B.Tono 19:00							19:30
20.00	Pilates 19:30					Zunba 19:30		Spining 19:30	Pilates 19:30									20.00
20:30		B.Tono 20:00									B.Tono 20:00							20:30
21.00																		21.00